

# Responsible investing

A workbook for applying ESG data  
to your investing portfolio



**WEALTH INSIGHTS**

Analysis and insights into the trends, forces  
and factors shaping the world and your wealth



Wealth  
Management

# Align your investments with your personal values

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## A resource for you

The winds of investing in the United States are shifting as Americans increasingly seek to align their portfolios with their personal values and what they feel is best for their community, their neighbors and our planet.

## Environmental, social and corporate governance (ESG)

This philosophy, known as responsible investing, isn't new; its roots go back nearly 250 years to the colonial era when many Americans opposed slavery, alcohol and gambling. It's been popular in Europe for decades and embraced by large, institutional investors in the U.S. And while individual investors have shown interest in responsible investing over the years, the events of 2020 sparked renewed interest in this theme as the effects of racism, inequality in access to health care, legal justice, climate change and extreme wealth imbalance reshaped society—and investor values.

## Making a difference in the world

Responsible investing is an attractive choice for investors who desire a personal, values-based connection to their investments. This approach may be right for you if you seek to make an impact on things you care about, whether that's the environment, diversity, equality in business, geopolitics or other concerns.

# Social and environmental issues drive the growth of responsible investing

Where we put our money has the power to transform the future. This idea is reshaping the investment landscape amid a growing awareness of the social impact of our financial decisions.



## Climate change

Extreme weather, from wildfires and hurricanes to flooding and record-breaking temperatures, threatens to devastate entire communities and economies. As well as its impact on the environment and people, climate change is one of the biggest threats to economic stability.



## Corporate governance

Governance issues encompass ethical standards for the way companies are run—from board independence and diversity to workplace equality and financial stability. At the management and leadership level, it means putting systems in place to ensure accountability, strong oversight and transparency.



## Human rights

People are now holding companies to a higher standard, and demanding they demonstrate a true commitment to racial equality and justice—beyond words, donations or media hype.



## Social justice

Some investors refuse to do business in countries with a record of human rights violations. Others want to invest in companies that provide their workers with fair wages and decent working conditions.



## Sustainability

Consumers increasingly demand sustainable practices from the companies they purchase from and invest in. They want to support firms with ethical business practices that protect air and water quality, land and public health and prioritize combating climate change and sustainability. When it comes to responsible investing, sustainability has attracted the most attention.

## How to get started with responsible investing

It's all about your personal values and confirming that your financial advisor understands your thoughts on environmental, social and governance issues in order to align your investments accordingly.

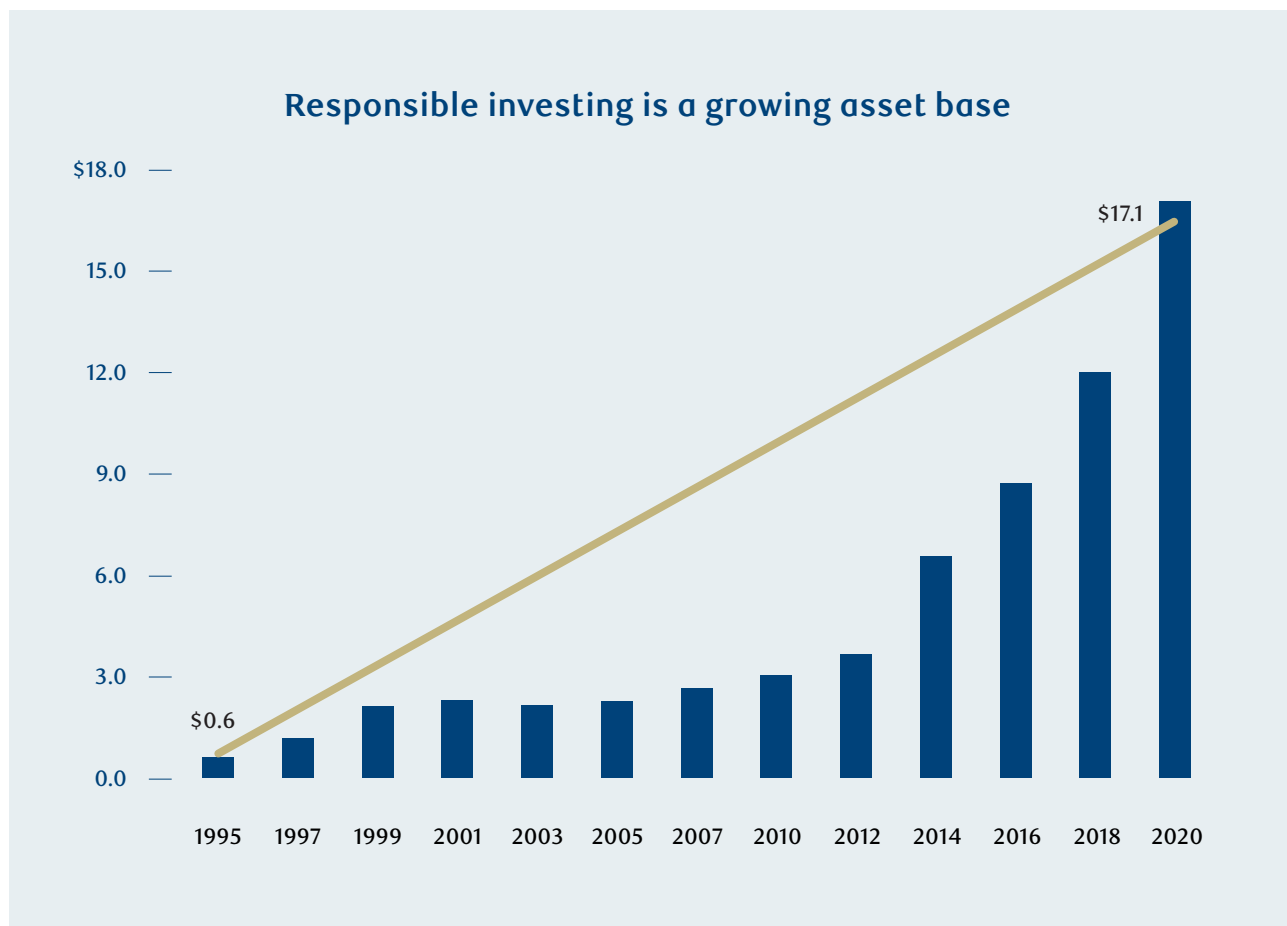
On pages 9–11 of this workbook, you can jot down your thoughts about what responsible investing looks like to you.

# Responsible investing is big—and gaining momentum

**A generational transfer of wealth and shift in investor values set the stage for continued growth.** With an estimated \$17 trillion invested in assets in the U.S. alone, sustainable investing has moved out of the shadows into the mainstream. And with women investors and younger generations—namely millennials and Generation Z—controlling more assets, responsible investing is expected to become a dominate investment theme.

## 1 in 3

At the start of 2020, 1 in every 3 dollars were managed in responsibly invested assets.<sup>1</sup>

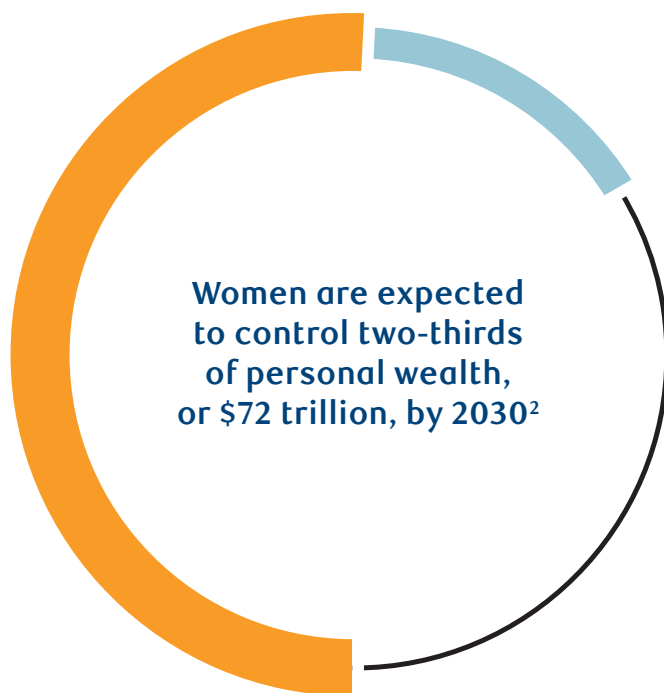


According to the Forum for Sustainable and Responsible Investment, there was \$17 trillion in responsibly invested assets under management in the U.S. at the start of 2020, accounting for one third of all professionally managed assets in the country. This represents a 42% jump in assets since 2018.

■ \$ trillions (U.S.)  
 — Trend line

## Women and millennials are at the forefront of change

In RBC Wealth Management's 2022 client survey, 57% of our clients said they are interested in increasing the share of ESG investments in their current portfolio. Almost two-thirds (63%) of RBC Wealth Management clients feel ESG investing is the way of the future. Women investors are particularly interested, with 72% looking to increase their share of ESG investments. The vast majority—83%—would welcome more information about ESG and responsible investing from their financial advisor.



- Today, women control 51% of personal wealth
- By the year 2030

Women control 51% of personal wealth in the U.S., and are expected to control two-thirds, or \$72 trillion, by 2030. That's about a third of the global total, and more than double the wealth controlled in 2010.

**Millennials gravitate toward responsible investing**

# 84%

of high-earning and high-net-worth millennials said it's important to consider ESG factors and that ESG investments are an integral part of their investment strategy.<sup>4</sup>

# 80%

of high-earning and high-net-worth millennials said that ESG guides all or most of their investment decisions.<sup>4</sup>



**Women are two times more likely than men** to consider investments that deliver both positive returns and a positive impact.<sup>3</sup>

# What's your approach to responsible investing?

People have different reasons for choosing to invest for sustainability and impact. Each of the following reasons may lead to a different responsible investing approach.

**You may want to:**

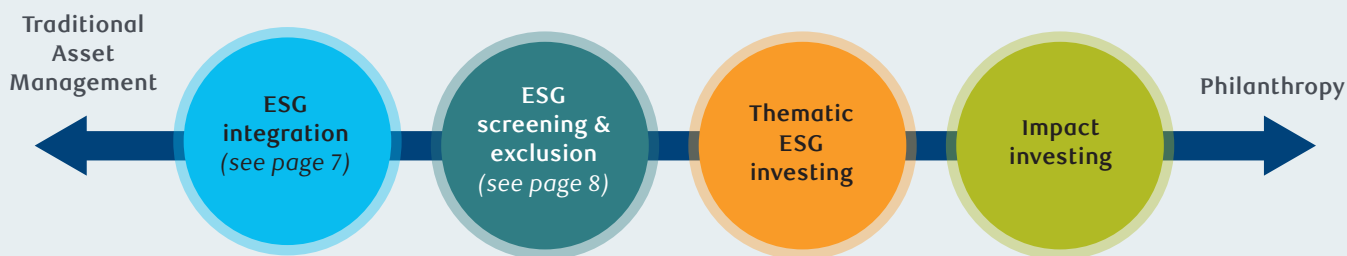
- Align your portfolio with your values and financial goals
- Invest in companies with responsible environmental and social practices
- Support specific issues or causes you care about
- Target innovations that help solve social or environmental challenges
- Drive market returns and earnings potential (through ESG integration)

**The new normal**

While some investment fads come and go, the trends driving the need for sustainable business practices are here to stay, driven by strong interest among women and millennial investors. Corporate leaders also understand that businesses have a key role to play in tackling urgent challenges such as climate change.

## Four approaches to responsible investing

Responsible investing is an umbrella term used to describe a broad range of approaches for incorporating ESG considerations into the investment process. These approaches are not mutually exclusive; multiple approaches can be applied simultaneously within the investment process.



**ESG integration**

Systematically incorporating material ESG factors into investment decision making to identify potential risks and opportunities and help improve long-term, risk-adjusted returns.

**ESG screening & exclusion**

Applying positive or negative screens to include or exclude assets from the investment universe.

**Thematic ESG investing**

Investing in assets involved in a particular ESG-related theme (i.e., water, climate change, gender equity, clean energy) or seeking to address a specific social or environmental issue.

**Impact investing**

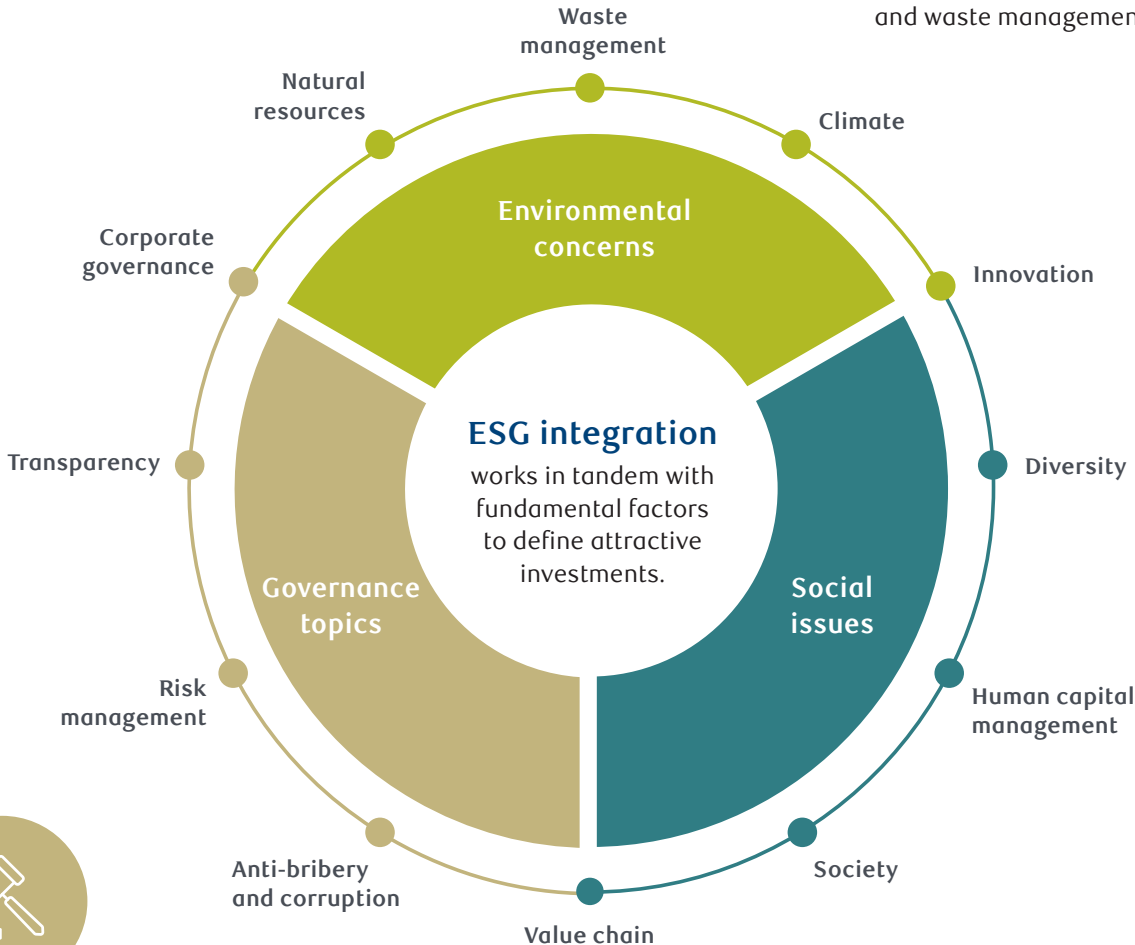
Investing in assets that intend to generate a measurable positive social or environmental impact. Impact investors may be willing to take a capital loss as long as some tangible result for the investment can be seen.

# Environmental, social and corporate governance (ESG) integration

ESG integration occurs at the same time as traditional financial analysis. Every company has ESG data; it is the ‘extra-financial’ factors that are material to the future earnings of a company. ESG integration is about understanding the material factors that are important to a company, as it helps create a clearer picture to better understand the potential impacts to long-term value. For example, water management metrics are material factors for a beverage company that uses a high percentage of water as a main input to produce their product.



**Environmental concerns,** including climate change, natural resources conservation, pollution and waste management.



**Governance topics,** such as accounting practices, board accountability and structure, executive compensation, corporate ethics, regulatory compliance and transparency.



**Social issues,** such as corporate philanthropy, community relations, workplace health and safety, human rights and diversity.

## ESG screening and exclusion

**ESG screening & exclusion is accomplished by applying positive or negative screens to include or exclude assets from the investment universe.** ESG screening and exclusion can include the following strategies: socially responsible investing, inclusions/exclusions, norms-based investing, best-in-class and seeking leaders. There is no perfect company. Every company has ESG data, and certain factors may or may not fit with clients' predefined values.

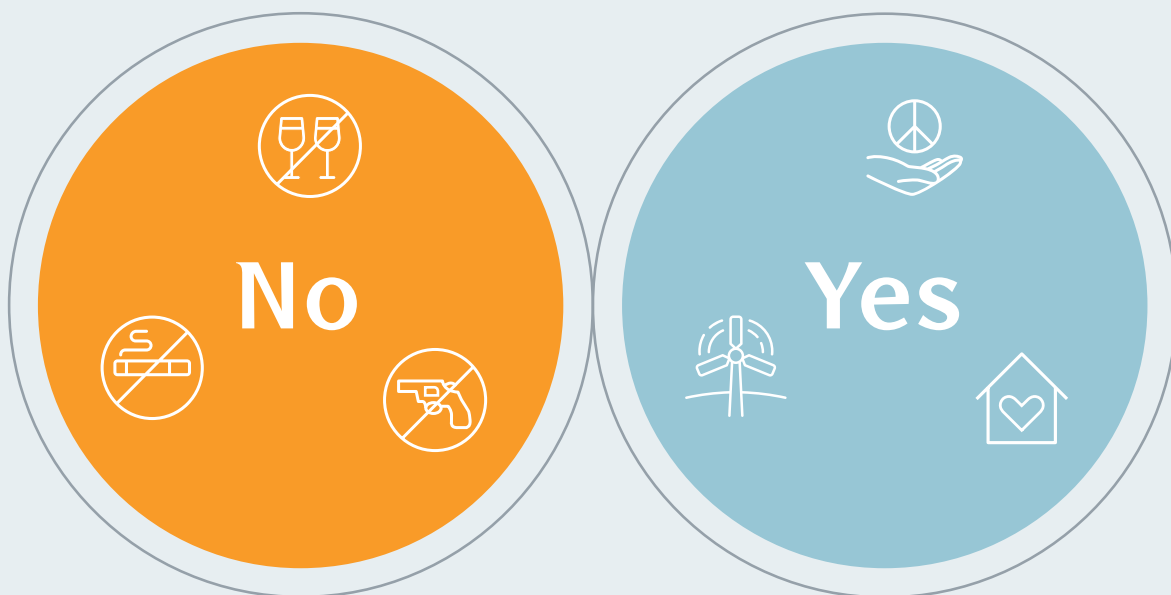
For example, you may avoid investing in companies that produce tobacco products based on your defined set of values. Instead, you may choose to invest in companies that are working to green their supply chain and manufacturing processes. Or, you may want to put your money in a company that has found a way to reduce greenhouse emissions.

### Portfolios with purpose

Responsible investing can help individual donors, families, foundations and philanthropic organizations put more capital to work for social good. Even better, it can deliver philanthropic impact alongside financial returns, which can enable reinvestment of those funds in pursuit of even greater social good.

### ESG screening and exclusion: An example

Taking a values-based approach helps confirm you achieve the impact you desire.



Industries that values-based investors commonly exclude or avoid in their portfolios may include tobacco, alcohol or weapons.

Values-based investors may seek to include industries that value renewable energy, human rights, social housing and more.





## Evaluate what's important to you

Today, an increasing number of investors want to know that their money is really making a difference through responsible investing. But how do you invest in companies that are good citizens and align with your values? And how can you determine what's most important to you? The following exercises can help you develop an approach to responsible investing that reflects your unique values.

### My values

Choose five values that are most important to you:

- |   |                                     |                                      |                                      |                                       |
|---|-------------------------------------|--------------------------------------|--------------------------------------|---------------------------------------|
| <input type="checkbox"/> Accountability | <input type="checkbox"/> Community  | <input type="checkbox"/> Environment | <input type="checkbox"/> Giving back | <input type="checkbox"/> Security     |
| <input type="checkbox"/> Adaptability   | <input type="checkbox"/> Compassion | <input type="checkbox"/> Equality    | <input type="checkbox"/> Nature      | <input type="checkbox"/> Trust        |
| <input type="checkbox"/> Altruism       | <input type="checkbox"/> Connection | <input type="checkbox"/> Ethics      | <input type="checkbox"/> Peace       | <input type="checkbox"/> Transparency |
| <input type="checkbox"/> Authenticity   | <input type="checkbox"/> Dignity    | <input type="checkbox"/> Fairness    | <input type="checkbox"/> Respect     | <input type="checkbox"/> Vision       |
| <input type="checkbox"/> Beauty         | <input type="checkbox"/> Diversity  | <input type="checkbox"/> Generosity  | <input type="checkbox"/> Safety      | <input type="checkbox"/> Well-being   |

Write your own: \_\_\_\_\_

### My gifts

What is your ideal giving plan? How do you expect this to change over time?

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### My legacy

What values do you hope to leave to the next generation?

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### My impact

What impact do you want your legacy to have?

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# Investment and sustainability questionnaire: A starting point

These **value-based questions** can help you understand what's important to you and chart a course toward your financial goals.

## About you

What do you think of when you hear the term responsible investing?

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Which approaches to responsible investing align with your financial goals? Select all that apply to you. (Refer to page 6 for definitions of each)

- ESG Integration
- Thematic ESG investing
- ESG screening & exclusion
- Impact investing

What type of organizations and institutions have you been involved with (nonprofits, universities, associations, religious organizations)? Why are these organizations important to you?

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## Your ideals

Do you believe that companies that treat employees, customers and the environment responsibly can be better investments?

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Are there specific companies or industries you admire? If so, why?

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### What you want, and don't want

Do you have specific issues you'd like to address through your investment choices?

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Are there specific securities or investments that you absolutely do not want to own?

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### What's most important to you?

Please rank the following according to what's most important to you—number from 1 to 14:

- |                                    |                                |                                   |   |
|------------------------------------|--------------------------------|-----------------------------------|---|
| ___ Peace and justice              | ___ Human rights               | ___ Animal cruelty                | ___ Education                             |
| ___ Renewable energy               | ___ Employee rights            | ___ Poverty and hunger            | ___ Sustainable communities               |
| ___ Climate change                 | ___ Gender equality            | ___ Innovation and infrastructure | ___ Market returns and earnings potential |
| ___ Natural resources conservation | ___ Clean water and sanitation |                                   |   |

Write your own: \_\_\_\_\_

Have you made any lifestyle changes to support specific ethics-based, philanthropic, social or environmental initiatives (e.g., committing to volunteer work, screening certain products, or adding solar panels to your home or office)?

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### Your objectives

What are your main objectives for including responsible investments in your portfolio?

- |   |   |
|---|---|
| <input type="checkbox"/> Support faith-based principles                             | <input type="checkbox"/> Support sustainability in a general way                  |
| <input type="checkbox"/> Support progressive social initiatives                     | <input type="checkbox"/> Support specific philanthropic interests                 |
| <input type="checkbox"/> Support environmental concerns and/or conservation efforts | <input type="checkbox"/> Support strong governance practices and corporate ethics |

# Frequently asked questions

To help you get more familiar with responsible investing, here's a quick guide answering the most common investor questions.

**Q** Does responsible investing mean compromising returns?

**A** No. In fact, responsible investing products have performed at least as well as traditional funds. Major studies have found a clear correlation between strong sustainability business practices and company performance. These include:

- Stock price performance often goes hand-in-hand with strong governance practices, strong environmental performance and high employee satisfaction.
- Companies with high ESG ratings have a lower cost of debt and equity, along with improved operational performance.
- Companies that prioritize sustainability also manage environmental, financial and reputational risks better, smoothing cash flows.<sup>5</sup>

## 20%

A major study found that sustainable funds experienced a 20% smaller downside deviation than traditional funds over a 15-year period. In other words, when the market would drop, these funds would decline less, on average, than traditional funds.<sup>6</sup>

**Q** Does responsible investing limit my investment options?

**A** No. Actually, responsible investing options are expanding rapidly. There are currently more than 534 sustainable funds available to U.S. investors, with many more investment options on the horizon, according to Morningstar.

**These investments are found in all major asset classes:**

- Equities
- Fixed income (corporate bonds, green bonds, etc.)
- Money market and alternatives

**Investment vehicles include:**

- Mutual funds
- Private equity funds
- Exchange traded funds (ETFs)
- Pooled funds
- Real estate funds
- Hedge funds

RBC Wealth Management has a collection of ESG Select Portfolios developed to provide you with globally diversified multi-asset class strategies. These strategies are based on our strategic asset allocation framework, which invests in ETFs, and mutual funds selected and monitored by our ESG committee.



Choosing responsible investments for your portfolio is similar to how you would choose your other investments. The first step is to meet with your financial advisor to discuss your goals.

**Q What questions should I ask?**

**A** That depends on what's relevant to the company and the industry it operates in. For example, if you're looking at a food and beverage company, you would want to look at water usage and wastewater management. Or in the case of oil and gas companies, are they investing in clean technology or research and development? One way to get a real sense of what companies are doing is to compare them against their peers.

**Q How do I know if a company is responsible?**

**A** You can visit a company's website to look at annual reports and other corporate reports. You can review the board of directors to see if there's the appropriate level of gender diversity. Or, do they have a plan to deal with the impacts of climate change on the business? Many companies are now creating separate reports on their approach to environmental, social and governance issues.

**Q How can I make sure principles of social justice are accurately reflected in my portfolios?**

**A** Investors who want to keep it simple may want to consider pre-constructed ESG portfolios. For investors looking for more choice, there are a number of ESG mutual funds or ETFs for them to consider as they construct their own portfolio. And those seeking to take it to the next level can get even more customized via managed accounts.

**Q How do I get started?**

**A** Choosing responsible investments for your portfolio is similar to how you would choose your other investments. The first step is to meet with your financial advisor to discuss your goals. Part of that discussion will be your investment time horizon, risk tolerance and other preferences you have as an investor.

**Our commitment to responsible investing**

RBC Wealth Management supports the merits of responsible investing. RBC is committed to community involvement, diversity and inclusion and environmental responsibility to help the world become a better place—for both current and future generations.

To help make good on our commitment to have a positive social and environment impact, we have pathways for you to invest capital in a more responsible manner.

## Your next chapter

**Every successful journey begins with a starting point, a destination and a plan to get there safely.** Planning for a lifetime means more than just numbers on a page. Our goals-based wealth planning approach focuses on what matters most to you. Regardless of where you are in life—whether you’re just starting out, raising a family, or enjoying retirement—your financial advisor crafts a plan that charts a direct course to your goals, yet flexes when life throws you a curveball. A financial advisor you trust, with a plan you create together, can help you accomplish your financial priorities.

### A wealth plan can help you:

- Document and prioritize your goals
- Explore your values and bring purpose to your money
- Stress-test your goals and scenarios
- Establish proper asset allocation to diversify and minimize risk
- Understand outcomes, avoid unnecessary risks, rebalance and chart your progress
- Answer retirement questions with confidence
- Protect what is important to you and leave a lasting legacy

My notes

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## Thriving in every life stage

Use this checklist as a starting point to begin planning.

Key financial pillars	Working toward tomorrow	Approaching retirement	Thriving in your encore years
 <p><b>Accumulate and grow your wealth</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Begin with the end in mind; define your goals, plan, save and invest with regular reviews</li> <li><input type="checkbox"/> Have an emergency fund of at least six months of expenses in liquid investments</li> <li><input type="checkbox"/> Save strategically by taking advantage of employer-sponsored retirement plans; max out your contributions and receive the employer match</li> <li><input type="checkbox"/> Leverage a Roth IRA or Roth 401(k) in your early career years</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Align investments, track and rebalance regularly to help offset the impact of inflation</li> <li><input type="checkbox"/> Increase your savings rate and take advantage of catch-up contributions at age 50+</li> <li><input type="checkbox"/> Optimize your tax-deferred savings with other investments for better after-tax returns today and in the future</li> <li><input type="checkbox"/> Use a Roth conversion to build flexibility and tax diversification into your plan</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Understand the probable outcome of your wealth plan; review annually</li> <li><input type="checkbox"/> Consider consolidating accounts with one financial provider to simplify your financial life</li> <li><input type="checkbox"/> Use the bucket strategy to restructure your assets into portfolios to meet your near-, intermediate- and long-term needs</li> </ul>
 <p><b>Fund your lifestyle today and tomorrow</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Monitor spending levels with a set budget and eliminate unproductive debt</li> <li><input type="checkbox"/> Take advantage of an HSA and consider deferring the use of those dollars to fund your health care expenses in retirement</li> <li><input type="checkbox"/> Model expected retirement expenses into your wealth plan, factoring inflation and expected lifestyle changes</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Create a plan for your retirement paycheck and determine when to start Social Security</li> <li><input type="checkbox"/> Understand the impact taxes will have on your retirement paycheck</li> <li><input type="checkbox"/> Consider an annuity to help manage income and longevity risk</li> <li><input type="checkbox"/> Create a retirement budget to cover your needs, but allow flexibility for your wants and wishes</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Manage your spending to cover your needs, goals and priorities</li> <li><input type="checkbox"/> Plan ahead for Required Minimum Distributions starting at age 72, as well as any related taxes or increases in Medicare</li> <li><input type="checkbox"/> Create your retirement paycheck in a tax-efficient manner and revisit your paycheck strategy annually</li> </ul>
 <p><b>Protect what is important to you</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Evaluate your options for health, disability and life insurance coverage</li> <li><input type="checkbox"/> As your income, wealth and family grow, plan for adequate life insurance to cover your liabilities and provide for your loved ones</li> <li><input type="checkbox"/> Consider property and casualty insurance; as your estate grows, you may need umbrella insurance</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Have a plan for supplementing Medicare with a Medigap plan, plus coverage for dental and vision care</li> <li><input type="checkbox"/> Consider the impact that a long-term care event could have on your plan and evaluate your need for long-term care coverage</li> <li><input type="checkbox"/> Use credit strategically to manage the impact of the unexpected; establish a credit line before you retire</li> <li><input type="checkbox"/> Re-evaluate your life insurance needs</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Enroll promptly in Medicare at age 65 and claim Social Security by age 70</li> <li><input type="checkbox"/> Avoid selling assets in down markets by using a credit strategy or insurance cash value to supplement income</li> <li><input type="checkbox"/> Discuss your care and caregiving wishes with your family; have a plan for funding your care needs</li> </ul>
 <p><b>Create a lasting legacy</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Take care of your estate essentials by establishing a revocable trust, will, health care directive and power of attorney</li> <li><input type="checkbox"/> See that your assets are properly titled and beneficiary designations are current</li> <li><input type="checkbox"/> Think about a gifting plan that is impactful and aligned to your values</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Revisit estate-planning documents, asset titling and beneficiary designations to confirm intended outcomes</li> <li><input type="checkbox"/> Consider the benefits of various trust structures to protect your assets, transfer your wealth and facilitate your estate settlement</li> <li><input type="checkbox"/> Couples should have a plan that considers different scenarios for survivorship; include housing and care needs</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Make sure your estate plan is aligned with your wishes and updated to reflect changes in your family</li> <li><input type="checkbox"/> Understand gift and estate tax thresholds and take advantage of wealth transfer exclusions and deductions</li> <li><input type="checkbox"/> Consider various gifting strategies, including the benefits of a donor advised fund and qualified charitable distribution</li> </ul>

# About Wealth Insights

Your financial journey is informed by both a clear understanding of where you are today and the strategic options that can fuel your tomorrows. At RBC Wealth Management, we are committed to delivering insights that educate, equip and engage you for that journey.

## Contributing authors

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**10% Post Consumer Recycled Content**

**This paper is a product of sustainable forestry.**

**Strengthening your financial security<sup>SM</sup>**

**[www.rbcwealthmanagement.com](http://www.rbcwealthmanagement.com)**



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Management**

<sup>1</sup> According to the Forum for Sustainable and Responsible Investment, there was \$17 trillion in responsibly invested assets under management in the U.S. at the start of 2020, accounting for one third of all professionally managed assets in the country.

<sup>2</sup> The new face of wealth and legacy: How women are redefining wealth, giving and legacy planning”, RBC Wealth Management. 2018.

<sup>3</sup> French, Sharon. “Understanding ESG Investing”, ETF.com, March 2017.

<sup>4</sup> Millennials and Wealth: how the next generation is forging ahead, RBC Wealth Management. 2022. <https://www.rbcwealthmanagement.com/en-us/insights/millennials-and-wealth-how-the-next-generation-is-forging-ahead>. The millennial mindset, RBC Wealth Management. 2022 <https://www.rbcwealthmanagement.com/en-us/campaign/millennials-financial-future>.

<sup>5</sup> Does socially responsible investing hurt investment returns? RBC Global Asset Management. October 2019.

<sup>6</sup> Morgan Stanley Institute for Sustainable Investing – Sustainable Reality - Analyzing Risk and Returns of Sustainable Funds. August 2019.

RBC Wealth Management does not provide tax or legal advice. All decisions regarding the tax or legal implications of your investments should be made in consultation with your independent tax or legal advisor.

Due diligence processes do not assure a profit or protect against loss. Like any type of investing, ESG investing involves risks, including possible loss of principal.

Asset allocation, diversification and rebalancing do not assure a profit or protect against loss.

The RBC Select Portfolios provide investors with globally diversified multi-asset-class strategies with a view toward integrating Environmental, Social and Governance factors into each investment. In certain RBC ESG Select Portfolios, the mutual funds may be manufactured or managed by RBC Global Asset Management (U.S.) Inc., an affiliate of RBC Capital Markets, LLC. Investors should consider the investment objectives, risks, and charges and expenses of a fund carefully before investing.